



人と触れ合い、言葉を交わし、心を通わせる事の幸せを、国際交流によって改めて感じます。それぞれの熱い心に触れる事が生きる力になります。

また、93才の母が尊い命を精一杯生きる姿を見守り続ける幸せも、私もこう生きたいと、日々学ばせられます。

To communicate, talk and evoke an empathetic response from people makes me happy. I can realize this through the international exchange activities. My energy to live comes from encountering enthusiastic minds.

Another thing that brings me happiness is caring for my 93 year-old mother, who lives her precious life to the utmost. This guides me how to live. I would like to live like her. N.M.

おいしいシンプルな食事を一口味わった時、「ああ!幸せ幸せ」と感じます。日頃の何気ない事で幸せを感じます。 The moment I taste a yummy, simple dish, I feel "Ah! I'm so happy." I feel happiness from everyday things. Y.K.

娘ととりとめもない話をしながら食事をしている時や二人ですばらしい景色をながめている時や、時間を自由に使える時に幸せを感じます。

When I have a meal with my daughter to chat about nothing in particular, or to see beautiful scenery with her, I feel happiness. I am happy when I can spend my time as I like. T.T.

私の家族(息子の家族、娘の家族)が幸せになることが私の幸せ。

My happiness comes from the happiness of my family, including my son's family and my daughter's family. K.B.

Because I'm living in a foreign land, meeting new friends makes me happy. C.D. 私はいま外国に住んでいるので、新しい友達と出会うことが幸せです。

子供たちが元気に過ごしており孫たちもすくすくと成長している。とても楽しみです。

家の中もみんな元気で特に困ったこともなく、私自身好きな卓球も続けてでき、英語の勉強もでき、不満なく幸せに感じ過ごしています。

My children have stayed healthy and my grandchildren are growing up in good health, which is my pleasure. I don't have any particular anxiety in my family. I can keep on playing ping pong, which I love, and learning English. I am delighted to live every day without any frustration. M.M.

家族の笑顔(心身共に健康であること)

The smiles of my family. Being healthy both physically and mentally. E.Y.

